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Sudha Ramalingam is the Professor and Head in Community Medicine, Director Research and Innovation and Director, PSG FAIMER Regional Institute at PSG Institute of Medical Sciences and Research, Coimbatore. She is a visiting scholar in the division of global health at Harvard T H Chan school of Public Health, USA.

She holds an MD in Community Medicine, a PG Diploma in Bioethics and a Masters in Health Professions Education from Keele University, UK. She is a board certified physician in Lifestyle medicine. She has completed her postdoctoral fellowships in genetics and genetic epidemiology from Stanford and University of Chicago respectively where she worked on the genetics of diabetic retinopathy. She was a Fulbright visiting scientist and worked in the area of Environmental Epigenetics of metabolic diseases at Harvard School of Public Health in 2014-15. As a visiting scientist in the division of global health she works on NCD prevention in the community, particularly schools.

She has completed her FAIMER fellowship in medical education in 2012 and ACME in 2017 and an advanced course in CBME by FAIMER in 2022. She was also awarded the International Fellowship in Medical Education (IFME, FAIMER) in 2017.

She was the recipient of the best teacher and motivator award in 2014 at PSGISMR and also the Institute award of excellence for medical education in 2019. She also received the Poorani oration award in 2019 at NGP institutions and woman achiever award in 2025 at PSG Institute of Management. She is a recipient of the prestigious Dr Rajammal Devadas Oration Award by Avinashilingam University, Coimbatore for the year 2025.

She was on the expert subcommittee for revising ICMR ethical guidelines in 2017 and the member of the ICMR Central research Ethics Committee.

She is serving on several leadership positions which include membership in board of studies for government and private universities in health professions education and biotechnology programs, and member of reviewer panel for Fulbright programs. She is a Director for the Health programs, publicity and promotions in the Indian Society of Lifestyle medicine.

She has been successful in obtaining several National and International grants with ICMR, DBT, Gates foundation and other international agencies.

With over 60 National and International publications and over 300 invited talks her research interests involve Academic leadership, Ethics and Humanities education and community based NCD prevention.